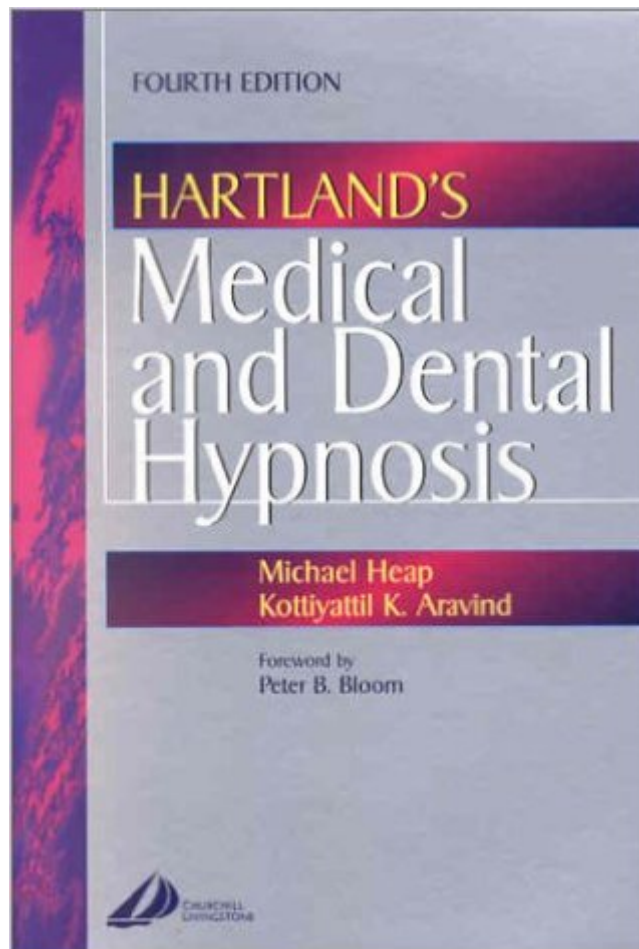


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# Hartland's Medical And Dental Hypnosis, 4e



## Synopsis

This book is an extensively revised edition of a highly successful and comprehensive introductory manual for the use of clinical hypnosis in the treatment of medical and psychological problems and disorders. Written with the interests and needs of the doctor or dentist in mind, its practical and clear approach maintains the tradition of high-quality information and usefulness established in previous editions of this book. After exploring the theoretical and historical background to hypnosis as well as key techniques and approaches, the book looks at specific clinical situations and problems in which hypnosis may have an impact, and offers specific practical management guidelines including possible scripts.

## Book Information

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## Customer Reviews

Hartland's book on hypnosis is a staple in the field. It has gone through many editions, this being the most recent and up-to-date. The information is scholarly, well presented, and clinically very useful. The authors do seem to have an academic bent and a bit of an anti-American bias. They question the importance of Milton Erickson's work and poo poo the NLP literature, while at the same time borrowing many clinical techniques from Erickson and NLP without giving due credit. That minor objection aside, I found this book to be richly clinically relevant and I would recommend it to anyone who uses hypnosis in clinical practice. It is one of the "Bibles" in the hypnotherapeutic literature.

This book was a text I required for a course I am doing and was \$16 cheaper than buying it through

where I am doing my course. It is exactly the text I was told I needed. It is a very informative, easy to read, and explains all techniques in a practical easy to learn form. I will read and re-read this text.

I got this book as a text for a class, and it is one of the few textbooks I have ever read almost cover to cover. Well written, easy to understand, and highly informative.

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